

# Chop Down The Trees

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## Cell Phones

I'm all for cell phones.  
They are of great help.  
Yet my pet peeve is how distracted they are.  
So many people are addicted to their cell phones.  
They even risk death while driving.  
What is so important about the text you sent out while you died in a car crash?  
I feel another web we have created.  
We have created another layer between us and the universe.  
Instead of getting closer, we are putting distance between ourselves and our true nature.  
In fact, our reality is the cell phone.  
How many families are at a restaurant on their cell phones?  
How about the business meetings?  
I look around the room and most of the people are looking at their cell phones.  
Can you really pay attention to what the speaker is saying?  
Are we getting distracted?  
Many young Mothers are on their cell phones while pushing their children around in a stroller.  
Did you know that a baby knows when you are paying attention or not?  
No wonder children feel neglected.  
Humanity has become addicted just like a drug.  
Unfortunately, we don't see it.  
We think we are living normally.

## Chanda

Chanda, you are the moon in my life.  
We have done so much together.  
I held you in my arms when you were born.  
I placed you in a nice warm bath, and a smile came across your face.  
I'll never forget that smile.  
We have swum with the dolphins and played in the ocean waves.  
We have surfed together in Hawaii, and boogie board in California.  
Chanda  
I feel so proud to be your Dad.  
I have so much love for you.  
You are so innocent.  
Never let the world take it away.  
I'll never forget the talk we had in San Francisco.  
I went to bed, way over my bedtime.  
So much love was shared.  
Chanda  
The sun is always with you.  
No matter what phase of the moon you're in remember the sun is always shining.  
Chanda  
I love you.

## Change The World

Recently I saw this on CNN.  
The moderator was commenting.  
He said that every president we had tried to change the world.  
But it was never enough.  
There was so much more to do.  
In order to change the world, we must first change ourselves.  
We are a piece of the puzzle.  
Every one of us must change.  
We must let go of the old energies such as hate, anger, and war.  
We must embrace the new.  
Kindness, Love, and compassion.  
This is how we change the world.  
We must first change ourselves.  
This is the key.  
Ponder over these words.

## Change Your Attitude

Maybe bringing peace on earth may be this simple.  
It's up to you to change your attitude.  
You are the universe and don't realize it.  
You and your enemies are one and the same.  
The spark that is keeping you alive is the same spark that keeps your foes alive.  
All the great masters have said, Love, your fellow man.  
You only see the differences.  
You don't see the unity of all.  
Maybe it's time to take off your tinted glasses.  
You will then have clear sight.  
Then you will solve this riddle.

## Chaos Is All Around

Chaos is all around.  
There is a hurricane brewing in my mind tonight.  
You are facing a great obstacle.  
The mind is churning while you sleep.  
You can't get the obstacle out of your mind.  
Your whole body is full of tension.  
What can you do?  
The great masters have said to look within.  
You can be in the center of the hurricane.  
There lies perfect calm.  
There lies your true nature.  
You are never alone.  
It just seems like it.  
You have a true partner and that is God.  
Ponder these words.  
They have a great meaning.





## Chop Down The Trees

I read in the paper just the other day, that  
A whole grove of redwoods will be chopped down.  
The owner says give me two million dollars and I'll save those trees.  
Who really is the owner of the land?  
We think we own the world's resources.  
Can we really barter this earth to the highest bidder?  
You can buy this planet for a trillion dollars.  
Where will we go?  
That's your problem, not mine.  
I'm rich and bygone I'll take what I want.  
Have we progressed at all?

## Crown Of Creation

If man is the crown of creation, does that make him king?  
If he is, we must be a tyrant.  
Man is supposed to be a guardian of nature.  
How many animals have been extinct because of man?  
We are custodians of this world.  
Yet we are sawing off the branch we are sitting on.  
We laugh at environmentalists.  
We call them quacks or nature lovers.  
They represent a lack of business.  
Why should we save that redwood tree?  
It's been here for over two thousand years.  
Can you imagine this tree was alive when Christ was born?  
Yet we plan to turn this into a house.  
We need true discrimination.  
We need a master plan.  
This earth is our home.  
We must stop polluting it.  
How would you like a garbage dump in your backyard?

## Curiosity

People say curiosity killed the cat.  
Yet I believe that man was designed to be curious.  
If man weren't curious would we have evolved?  
He would exist in this state forever.  
Man has always been curious about life.  
Yet at times we lose sight of our curiosity.  
We live such a mundane existence.  
Let's leave the matter to an Einstein.  
He's a genius anyway.  
But man was created to reach for the stars.  
He was born to know the unknown.  
The answer lies in our heart.

## Day And Night

Day and night I think about my father.  
Am I a stranger to this land?  
My mind is absorbed in his love.  
All my thoughts are about him.  
How kind is he?  
How compassionate is he?  
My lord, you have to show me my true home.  
It is beyond this world.  
It is beyond the stars.  
It lies within my heart.  
Day and night I feel your breath, keeping me alive.  
Your breath is keeping the whole universe alive.  
Day and night I think about my father.

## Day Of Grace

This is a day of grace.  
I'm grateful to be alive.  
Wow, another day on this precious earth.  
What kind of mischief can I get in?  
What adventure can I go on today?  
I hope it's still raining.  
I want to jump in the water puddles.  
I want to create sand castles and watch them disappear.  
A surfer would say "I hope there are good waves today".  
Furthermore, I hope it's not crowded.  
A snowboarder might say, wow it snowed last night.  
We all are grateful in our own ways.  
Life gives each one of us precious opportunities.  
The shower of grace is raining all over us.  
I hope that curiosity about life is still with you as you get older.  
Curiosity in life will keep you young at heart.  
Don't get stuffy as a board with your outlook on life.  
Be flexible.  
Be like the wind.  
Flow in all directions.  
Don't become a stagnant pond.  
Be like a river flowing downstream.  
If you tap into grace you will always see the beauty in life.  
You will always see life as an adventure.  
You will never truly know what will happen to you in this life.  
You may have predictions.  
But life always will surprise you.  
Life is not boring.  
Life is constantly in change.  
Our life at times may seem boring.  
We just have a boring minds.  
You can change that.  
Boredom is a state of mind.  
A bored person hasn't begun to find the jewel inside.  
When one begins to tap into the source of life you can never get bored.  
Inside of you is true excitement.  
Inside of you lies the vast universe.  
Inside of you lies the kingdom of heaven.

How can boredom exist?  
Your mind is bored because it's tired of the same old thing.  
I have to get up either to go to school, work, or take care of the household.  
When I'm on vacation I spend time by the pool with a cocktail in my hand.  
Did you know you can get bored in paradise?  
You can get bored even in heaven.  
Boredom is a state of mind.  
Boredom and grace don't mix with one another.  
It's like darkness and light.  
Darkness is the absence of light.  
Turn on the light switch and darkness disappears.  
It's as simple as that.  
Turn on grace in your life and boredom will disappear.  
How about that?  
You can change your own destiny.  
Only you can make yourself happy.  
Is the glass half empty or half full?  
Your attitude towards life drives the quality of your life.  
Did you know that?  
Nobody can truly make you sad except for yourself.  
They may provide circumstances to you to get sad or angry.  
Yet only you can accept the gift.  
If someone is making you angry don't accept it.  
It's not yours.  
It's theirs.  
You don't need more trash in your house.  
You are trying to get rid of yours.  
Ponder over this.  
Does this make sense?  
Maybe there is a different point of view.  
Maybe you can change this broken record where people either make you happy or  
sad.  
You can learn how to not get into and accept the negativity of others.  
You can learn how.  
Discover the grace inside of you.  
Your life will change forever.

## Delicate Balance

Life is a delicate balance.  
In a moment we can be swept away.  
A knife is above our head, held by a single thread.  
We think that we are immune to the dangers of life.  
That will never happen to me.  
Yet every day people come and go on this earth.  
What a miracle to be alive.  
The word is keeping the universe alive.

## Disappointment

I wondered how the great masters of the past dealt with disappointment.  
They had such a great message.  
The kingdom of heaven lies within?  
What could be more incredible than that?  
Maybe they weren't disappointed at all.  
They knew flower blooms at just the right time.  
Fruit will ripen on its own.  
Christ was a fisherman.  
He caught those who were ready for his message.  
A raindrop will eventually go back to the source of all.  
Each of us will return to our creator when the time comes.  
Maybe the master gave inspiration to all yet the seed remains dormant in some.  
Someday we will solve this puzzle.



## Happy Birthday Barbara

[Verse]

Thirty-seven years  
Oh how time flies  
Through laughter and tears  
Under endless skies  
Barbara  
My love  
You light my way  
In your arms  
I find my home every day

[Chorus]

Happy birthday  
My heart's delight  
You're my moon  
My stars  
My guiding light  
From the bottom of my soul  
I vow to you  
Every moment  
My love is true

[Verse 2]

We've walked through storms  
Faced the rain  
Held each other through joy and pain  
Barbara  
You're my strength  
My song  
With you  
My love  
I've found where I belong

[Chorus]

Happy birthday  
My heart's delight  
You're my moon  
My stars

My guiding light  
From the bottom of my soul  
I vow to you  
Every moment  
My love is true

[Bridge]

Here's to the memories we've yet to make  
The dreams we'll chase  
The paths we'll take  
You're my forever  
My every part  
Barbara  
You'll always hold my heart

[Chorus]

Happy birthday  
My heart's delight  
You're my moon  
My stars  
My guiding light  
From the bottom of my soul  
I vow to you  
Every moment  
My love is true